

*PHI's mission is to enhance the lives and independence of polio survivors and home mechanical ventilator users through education, advocacy, research and networking.*

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### *Special thanks ...*

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## *Inside this Issue ...*

Pages 1, 3-5

### **Regulatory T Cells as a Biomarker of Post-Polio Syndrome**

**Rahnuma Wahid, PhD**, not only explains the results of the study funded by PHI's Research Fund, but also gives us a basic lesson in immunology. Rahnuma often visits family in Bangladesh where a few cases of paralytic polio were reported even in 2000 and 2001.

Pages 6-8

### **How I Learned to Stop Worrying and Love Technology**

**Daniel J. Wilson, PhD**, reminds us we are not alone, that others may not see us as we see ourselves and reaffirms the idea that in looking "more disabled" we can be more active and involved.

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Improved technology has improved PHI's ability to connect with survivors around the world. **T.V. Ganesh** expresses his desire for more awareness of post-polio problems in India – WE'RE STILL HERE! (See page 12).

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Thank you for your responses to "To Have Surgery or Not to Have Surgery – That Is the Question!" by Debbie Hardy. The recommended surgeons are listed.

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With thanks, we publicly acknowledge our major supporters. There is a trend of people becoming PHI Members "because a polio survivor (or my physician) said I should join." Thank you for the endorsements!

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SAVE THE DATES ... **WE'RE STILL HERE!** and **Living with Polio in the 21st Century** are scheduled.

*Joan L. Headley, Executive Director of PHI*



Lee Bekir, Conference Chair, Fred Maynard, MD, Joan L. Headley, Jean Csaposs and Joan Swain at the Polio Network of New Jersey's 18th annual conference April 13th.