Welcome to the
Seventh International Post-Polio and Independent Living Conference.

Below is a floor plan of the meeting rooms for the Conference which are located on the second floor of the West Tower of The Saint Louis Marriott Pavilion Downtown.

Please wear your name badge. It is your "ticket" for the sessions. The time schedule will be adhered to because many of the sessions will be audio and video-taped. Questions of the panelists may be submitted in writing.

Your meal tickets are in your badge holder. All meals will be served in Pavilion Salon A-D, the same room as the sessions. We must clear the room so the hotel staff can set up for the meals. Please remember to take your meal ticket with you when you leave the room. Tickets will be taken at the door(s) upon re-entry. Meal tickets may be purchased at the G.I.N.I. registration desk for the Friday luncheon by noon on Thursday and for the Saturday meals by noon on Friday.

Exhibits are located in Pavilion I-I-III. (See page 9-10.)

Useful telephone numbers:

For an emergency, call 911. (If at all possible, call the hotel operator and request that they call 911 so the hotel is alerted.) BJC (Barnes-Jewish-Christian) Health System has the closest emergency room.

For scooter and equipment repair, call Ryan of Mobility Aids of Saint Louis at 997-4122.

For ventilatory equipment problems, contact the G.I.N.I. registration desk for John Blevins, of Respironics, who will be staying in the hotel.
Thursday, May 29, 1997

7:30 AM - 2:00 PM  **Registration**

7:30 - 8:20 AM  **Continental Breakfast**  
All attendees welcomed

---

8:30 am - 12:00 noon  

**The Big Picture**

*Moderator: Joan L. Headley*

- **Welcome**
  Shaaron Peters, Martin B. Wice, MD
- **Lessons Learned ... Future Challenges**
  Joan L. Headley
- **Transforming Experiences: Stories and Scholarship**
  Karen Hirsch, PhD
- **Target 2000: Reaching the Goal**
  Robert A. Keegan
- **Polio Survivors: Data from the 1994-95 National Health Interview Survey**
  Linda Tompkins

10:00 - 10:30 AM  **Break**  

**Post-Polio Motor Neurons and Units: What We Know for Sure**

Neil Cashman, MD

- **Strategies for Aging with a Disability: The Later Life Effect Study**
  Margaret L. Campbell, PhD
- **What Is Wellness?**
  Agnes Wallbom, MD

12:00 noon - 2:00 PM  **Lunch Break**

---

2:00 pm - 5:00 pm  

**How Will I Support Myself?**

*Moderator: Linda L. Bieniek, CEAP*

- **Making Employment Decisions: The Physician's Role**
  Stuart J. Glassman, MD
- **Making Employment Decisions: Suggestions and Resources**
  Linda Baker Oberst and Linda L. Bieniek

3:15 - 3:45 PM  **Break**  

**Employment Decisions: Options and Reforms within Social Security**

Thomas Gloss

- **Medicare/Medicaid: Recent and Impending Changes**
  James G. Scott
- **Making Health Insurance Decisions**
  Daniel J. Ashbaker and Linda L. Bieniek

---

6:30 - 7:00 pm  **Book Signing by Tony Gould**  

6:30 - 7:00 PM  **Cash Bar**  

7:00 - 9:00 pm  **Dinner**  

**Guest Speaker: Tony Gould, Author of A Summer Plague: Polio and Its Survivors**

"Before and After Polio: Travels in Nepal"
7:30 AM - 2:00 PM  REGISTRATION
7:30 - 8:20 AM  CONTINENTAL BREAKFAST
All attendees welcomed

8:30 am - 12:00 noon

How Can I Maintain Wellness?
Moderator: Jessie K.M. Easton, MD
The Team Approach to Wellness for Polio Survivors
Frederick M. Maynard, MD
Team Leader: The Polio Survivor  Ellen Fay Peak
Primary Care Physician’s Role
Marny Eulberg, MD
The Post-Polio Specialist’s Role  Martin B. Wice, MD

10:00 - 10:30 AM  BREAK  EAST Foyer
The Role of Activity  James Agre, MD, PhD
The Role of Nutrition  Lauro S. Halstead, MD
What Works: Results and Implications of Post-Polio Clinic Survey
Stanley K. Yarnell, MD

12:00 noon - 2:00 pm  LUNCH BREAK
LUNCHEON SPEAKER: JUDITH E. HEUMANN, ASSISTANT SECRETARY FOR SPECIAL EDUCATION AND REHABILITATIVE SERVICES, UNITED STATES DEPARTMENT OF EDUCATION

Session I
2:00 - 5:00 pm

How Will I Get Around?
Moderator: Beth Kowall, MS, OTR
Indicators for a Change  Jacquelin Perry, MD
Professional and Personal Concerns about Bracing
Mark K. Taylor, CPO
Determining Appropriate Seating
Robbie B. Leonard, MS, PT
Surgical Options for Shoulders
Mary Ann Keenan, MD

3:15 - 3:45 PM  BREAK  EAST AND WEST FOYERS

How Will I Carry Out My Daily Activities?
Similarities and Differences between Acute Poliomyelitis Rehabilitation and Post-Polio Interventions
Paul E. Peach, MD
Physical Therapy: Not What You Remember
Marianne T. Weiss, LPT
Occupational Therapy: Not Just Reachers
Beth Kowall, MS, OTR
Rethinking the Physician/Therapist/Survivor Team
Nancy Caverly, OTR
## Session II

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
</table>
| 2:00 - 5:00 pm| **How Do the Late Effects of Polio Affect Those Around Me?**  
**Moderator:** Dorothy Woods Smith, RN, PhD  
**From My Point of View**  
Gail Genereau  
**Maintaining Relationships during Change**  
Lillian Genskow, RN, and Jack Genskow, PhD, CRC  
**Confronting Fears in Developing New Relationships**  
Margaret E. Backman, PhD  
**3:15 - 3:45 PM BREAK**  
**Five Ways to Find Peace with One’s Self and the World**  
Robert J. Ronald, SJ  
**Relationships: A Two-Way Street**  
Joyce Teply, LMSW/ACP, LPC  
**Know Your True Colors: Creative Communications**  
Kathleen Navarre, PhD and Angela Radlinski | PAVILION SALON D |

## Session III

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
</table>
| 2:00 - 5:00 pm| **Forum on Home**  
**Mechanical Ventilation**  
**Moderator:** Augusta Alba, MD and Susan Sortor Leger, RRT  
**The Danish Experience**  
Grethe Nyholm, RNP  
**The Japanese Experience: Ventilator User**  
Kimiyo Satoh  
**The Japanese Experience: Physician**  
Yoichi Sakakihara, MD, PhD  
**The American Experience: Ventilator User**  
Debbie Cunningham  
**The American Experience: Physician**  
Edward Oppenheimer, MD  
**3:30 - 3:45 PM BREAK**  
**The Effects of Aging on Ventilator Equipment Choices**  
Augusta Alba, MD  
**Face Mask Displays** | PAVILION SALON E-F |

## Session IV

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
</table>
| 2:00 - 5:00 pm| **Forum for Support Group**  
**Facilitators**  
Bette Plass, Bette Plass & Associates  
**Recognizing and Enhancing Leadership Style**  
**3:30 - 3:45 PM BREAK**  
**Utilizing New Leadership Skills** | PAVILION SALON G |
## MORNING

### 8:30 - 9:30 am

**Session A**  
**SALON D**  
**Post-Polio Research: What Is Being Done and Needs to be Done**  
*Burr Jribelt, MD*  
*Daria A. Trojan, MD*  
Current and proposed future research in epidemiologic, etiologic, pathophysiology, diagnostic, and therapeutic studies will be presented.

### 9:30 - 9:45 am

**Break**  
**East and West Foyers**

### 9:45 - 10:45 am

**Session C**  
**SALON D**  
**Fatigue: Many Causes and Possible Management**  
*Mavis Matheson, MD*  
*Stanley K. Yarnell, MD*  
In polio survivors, fatigue is more frequently multi-factorial in nature than due to a single cause, such as post-polio muscular atrophy. This presentation discusses those factors as well as the implications for management.

### 10:45 - 11:00 am

**Break**  
**East and West Foyers**

### 11:00 am - 12:00 noon

**Session D**  
**SALON C**  
**Fibromyalgia and Post-Polio: Differences and Management Approaches**  
*Anne Carrington Gawne, MD*  
This session will explore the diagnosis, prevention, and treatment for fibromyalgia and post-polio muscle pain.

**Session B (repeat)**  
**SALON D**  
**Isolating and Managing Pain**  
*Ann E. Hueter, RPT*  
*Paul E. Peach, MD*  
The most common reasons many polio survivors experience pain and effective means of alleviation of pain symptoms will be discussed.

### 12:00 - 2:00 pm

**Lunch**  
**Pavilion Ballroom A-D**

## AFTERNOON

### 2:00 - 4:00 pm

**The Personal and The Global**  
**Moderator:**  
*Joan L. Headley*  
**Pavilion Ballroom A-D**

**Empower Yourself by Accepting Yourself**  
*Caroline Heckman, MA, Ed, ADTR*

**Unmet Needs, Evolving Solutions**  
*Liliana Bieberach and Javier Riba*

**What’s Happening in Washington?**  
*R. Speed Davis*

**Respond to Your Needs — Champion Universal Change**  
*Cyndi Jones*
**MORNING**

<table>
<thead>
<tr>
<th>Session L</th>
<th>Session K</th>
<th>Session E</th>
<th>Session O</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SALON B</strong></td>
<td><strong>SALON F</strong></td>
<td><strong>SALON A</strong></td>
<td><strong>SALON E</strong></td>
</tr>
<tr>
<td>What Works I: Neuro-muscular Re-education</td>
<td>What Works II: Trauma Resolution</td>
<td>Bracing in Depth</td>
<td>FrogBreathing: Benefits and Techniques</td>
</tr>
<tr>
<td>Diane Engelsdorfer, MA, NCTMB, NMT</td>
<td>Linda Bieniek, CEAP</td>
<td>Glenn Ham-Rosebrock, CO</td>
<td>Augusta Alba, MD</td>
</tr>
<tr>
<td>A.J. Nadeau</td>
<td>Michele Marshall, MSW, LCSW</td>
<td>Rich Stanfill, CO</td>
<td>A video demonstrating the frogbreathing technique will be shown, followed by discussion and practice.</td>
</tr>
<tr>
<td>Neuromuscular re-education — What is was like, what happened, what it is like now.</td>
<td>A discussion of using therapeutic approaches to work through barriers that may develop from having had polio.</td>
<td>Experienced orthotists will present additional options/ideas for bracing.</td>
<td></td>
</tr>
<tr>
<td><strong>Biomagnetics Therapy</strong></td>
<td><strong>Chinese Medicine</strong></td>
<td><strong>Session A (repeat)</strong></td>
<td></td>
</tr>
<tr>
<td>T.J. Autry</td>
<td>Susan Harris, Licensed Acupuncturist</td>
<td><strong>SALON B</strong></td>
<td></td>
</tr>
<tr>
<td>A personal view of an alternative therapy.</td>
<td>Exploring ways to increase your energy (Qi) and relieve pain.</td>
<td>Post-Polio Research: What Is Being Done and Needs to Be Done</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Burk Lubelt, MD</td>
<td>Daria A. Trojan, MD</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Current and proposed future research in epidemiologic, etiologic, pathophysiologic, diagnostic, and therapeutic studies will be presented.</td>
<td>Current and proposed future research in epidemiologic, etiologic, pathophysiologic, diagnostic, and therapeutic studies will be presented.</td>
</tr>
<tr>
<td><strong>Session A (repeat)</strong></td>
<td><strong>Session G</strong></td>
<td><strong>Session M</strong></td>
<td><strong>Session N</strong></td>
</tr>
<tr>
<td><strong>SALON B</strong></td>
<td><strong>SALON G</strong></td>
<td><strong>SALON F</strong></td>
<td><strong>SALON E</strong></td>
</tr>
<tr>
<td>Burk Lubelt, MD</td>
<td>Rita Faudman, PhD</td>
<td>Alan Fiala, PhD</td>
<td>George Emerson</td>
</tr>
<tr>
<td>Daria A. Trojan, MD</td>
<td>Sunny Roller</td>
<td>Lessons learned in recognizing need for ventilator, choosing type, adapting to its use, accepting changes, insurance issues, etc.</td>
<td>The setup and operation of the Emerson In-Exsufflator Cough Machine will be demonstrated.</td>
</tr>
<tr>
<td>Current and proposed future research in epidemiologic, etiologic, pathophysiologic, diagnostic, and therapeutic studies will be presented.</td>
<td>What is wellness? What is the wellness research study at the University of Michigan investigating? How might you create a rewarding wellness program just for you?</td>
<td>Sarah Riley</td>
<td>Susan Sortor Leger, RRT</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Differences in volume and pressure products will be presented.</td>
<td>A manual assisted cough technique will be demonstrated.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Oscar A. Schwartz, MD</td>
<td>Steven Linder, MD, FCCP</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Insights into choosing ventilator products.</td>
<td>Presentation of study on abdominal muscle functional electrical stimulation to enhance cough.</td>
</tr>
<tr>
<td><strong>Session J</strong></td>
<td><strong>Session G (repeat)</strong></td>
<td><strong>Session F</strong></td>
<td><strong>Session P</strong></td>
</tr>
<tr>
<td><strong>SALON A</strong></td>
<td><strong>SALON G</strong></td>
<td><strong>SALON F</strong></td>
<td><strong>SALON E</strong></td>
</tr>
<tr>
<td>Where Will I Live?</td>
<td>Wellness for Women with Polio: A Holistic Program Model</td>
<td>Equipment for Driving</td>
<td>Medical Concerns of Living Long-term with a Ventilator</td>
</tr>
<tr>
<td>Nancy Caverly, OTR</td>
<td>Rita Faudman, PhD</td>
<td>Alan Brown</td>
<td>Augusta Alba, MD</td>
</tr>
<tr>
<td>View a video about home accessibility. Ask questions about your home accessibility needs. Additional information will be available to take home about accessibility and other &quot;housing&quot; options, etc.</td>
<td>Sunny Roller</td>
<td>Doris Jones</td>
<td>Oscar A. Schwartz, MD</td>
</tr>
<tr>
<td></td>
<td>What is wellness? What is the wellness research study at the University of Michigan investigating? How might you create a rewarding wellness program just for you?</td>
<td>A slide presentation on vehicle/van wheelchair lifts and different types of driving controls and systems followed by a discussion will be presented.</td>
<td>Physicians experienced in treating individuals who use a ventilator full or part-time will offer insights about living long-term with a ventilator and will answer questions.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session L</th>
<th>Session K</th>
<th>Session E</th>
<th>Session O</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SALON B</strong></td>
<td><strong>SALON F</strong></td>
<td><strong>SALON A</strong></td>
<td><strong>SALON E</strong></td>
</tr>
<tr>
<td>What Works I: Neuro-muscular Re-education</td>
<td>What Works II: Trauma Resolution</td>
<td>Bracing in Depth</td>
<td>FrogBreathing: Benefits and Techniques</td>
</tr>
<tr>
<td>Diane Engelsdorfer, MA, NCTMB, NMT</td>
<td>Linda Bieniek, CEAP</td>
<td>Glenn Ham-Rosebrock, CO</td>
<td>Augusta Alba, MD</td>
</tr>
<tr>
<td>A.J. Nadeau</td>
<td>Michele Marshall, MSW, LCSW</td>
<td>Rich Stanfill, CO</td>
<td>A video demonstrating the frogbreathing technique will be shown, followed by discussion and practice.</td>
</tr>
<tr>
<td>Neuromuscular re-education — What is was like, what happened, what it is like now.</td>
<td>A discussion of using therapeutic approaches to work through barriers that may develop from having had polio.</td>
<td>Experienced orthotists will present additional options/ideas for bracing.</td>
<td></td>
</tr>
<tr>
<td><strong>Biomagnetics Therapy</strong></td>
<td><strong>Chinese Medicine</strong></td>
<td><strong>Session A (repeat)</strong></td>
<td></td>
</tr>
<tr>
<td>T.J. Autry</td>
<td>Susan Harris, Licensed Acupuncturist</td>
<td><strong>SALON B</strong></td>
<td></td>
</tr>
<tr>
<td>A personal view of an alternative therapy.</td>
<td>Exploring ways to increase your energy (Qi) and relieve pain.</td>
<td>Post-Polio Research: What Is Being Done and Needs to Be Done</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Burk Lubelt, MD</td>
<td>Daria A. Trojan, MD</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Current and proposed future research in epidemiologic, etiologic, pathophysiologic, diagnostic, and therapeutic studies will be presented.</td>
<td>Current and proposed future research in epidemiologic, etiologic, pathophysiologic, diagnostic, and therapeutic studies will be presented.</td>
</tr>
<tr>
<td><strong>Session A (repeat)</strong></td>
<td><strong>Session G</strong></td>
<td><strong>Session M</strong></td>
<td><strong>Session N</strong></td>
</tr>
<tr>
<td><strong>SALON B</strong></td>
<td><strong>SALON G</strong></td>
<td><strong>SALON F</strong></td>
<td><strong>SALON E</strong></td>
</tr>
<tr>
<td>Burk Lubelt, MD</td>
<td>Rita Faudman, PhD</td>
<td>Alan Fiala, PhD</td>
<td>George Emerson</td>
</tr>
<tr>
<td>Daria A. Trojan, MD</td>
<td>Sunny Roller</td>
<td>Lessons learned in recognizing need for ventilator, choosing type, adapting to its use, accepting changes, insurance issues, etc.</td>
<td>The setup and operation of the Emerson In-Exsufflator Cough Machine will be demonstrated.</td>
</tr>
<tr>
<td>Current and proposed future research in epidemiologic, etiologic, pathophysiologic, diagnostic, and therapeutic studies will be presented.</td>
<td>What is wellness? What is the wellness research study at the University of Michigan investigating? How might you create a rewarding wellness program just for you?</td>
<td>Sarah Riley</td>
<td>Susan Sortor Leger, RRT</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Differences in volume and pressure products will be presented.</td>
<td>A manual assisted cough technique will be demonstrated.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Oscar A. Schwartz, MD</td>
<td>Steven Linder, MD, FCCP</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Insights into choosing ventilator products.</td>
<td>Presentation of study on abdominal muscle functional electrical stimulation to enhance cough.</td>
</tr>
<tr>
<td><strong>Session J</strong></td>
<td><strong>Session G (repeat)</strong></td>
<td><strong>Session F</strong></td>
<td><strong>Session P</strong></td>
</tr>
<tr>
<td><strong>SALON A</strong></td>
<td><strong>SALON G</strong></td>
<td><strong>SALON F</strong></td>
<td><strong>SALON E</strong></td>
</tr>
<tr>
<td>Where Will I Live?</td>
<td>Wellness for Women with Polio: A Holistic Program Model</td>
<td>Equipment for Driving</td>
<td>Medical Concerns of Living Long-term with a Ventilator</td>
</tr>
<tr>
<td>Nancy Caverly, OTR</td>
<td>Rita Faudman, PhD</td>
<td>Alan Brown</td>
<td>Augusta Alba, MD</td>
</tr>
<tr>
<td>View a video about home accessibility. Ask questions about your home accessibility needs. Additional information will be available to take home about accessibility and other &quot;housing&quot; options, etc.</td>
<td>Sunny Roller</td>
<td>Doris Jones</td>
<td>Oscar A. Schwartz, MD</td>
</tr>
<tr>
<td></td>
<td>What is wellness? What is the wellness research study at the University of Michigan investigating? How might you create a rewarding wellness program just for you?</td>
<td>A slide presentation on vehicle/van wheelchair lifts and different types of driving controls and systems followed by a discussion will be presented.</td>
<td>Physicians experienced in treating individuals who use a ventilator full or part-time will offer insights about living long-term with a ventilator and will answer questions.</td>
</tr>
</tbody>
</table>

**EVENING**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:00 pm</td>
<td>Mass</td>
</tr>
<tr>
<td></td>
<td>Robert Ronald, SJ</td>
</tr>
<tr>
<td>6:30 - 7:00 pm</td>
<td>Cash bar</td>
</tr>
<tr>
<td>7:00 - 10:00 pm</td>
<td>Dinner and Entertainment</td>
</tr>
<tr>
<td></td>
<td>Shaaron Peters, Professional Storyteller</td>
</tr>
<tr>
<td></td>
<td>Music by Pieces of 8</td>
</tr>
</tbody>
</table>
Presenters

Lauro S. Halstead, MD
National Rehabilitation Hospital,
Washington, DC

Glenn Ham-Rosebrock, CO
Orthokinetics, Downey, CA

Susan Harris
Licensed Acupuncturist
Canton, MA

Caroline Heckman, MA, Ed, ADTR
Masters and Johnson Institute,
St. Louis, MO

Judith E. Heumann
Office of Special Education and
Rehabilitative Services, Assistant
Secretary of Education,
Washington, DC

Karen Hirsch, PhD
Paraquad, Inc., St. Louis, MO

Ann E. Hueter, RPT
Denver, CO

Cyndi Jones
Publisher, Mainstream, San Diego, CA

Doris Jones
Greater St. Louis Post-Polio Support
Group, St. Louis, MO

Burk Jubelt, MD
SUNY Health Science Center,
Syracuse, NY

Robert A. Keegan
Centers for Disease Control and
Prevention, Atlanta, GA

Mary Ann Keenan, MD
Albert Einstein Medical Center,
Philadelphia, PA

Beth Kowall, MS, OTR
Greenfield, WI

Susan Sorter Leger, RRT
Respironics, Inc., Lyon, France

Robbie B. Leonard, MS, PT
Medical University of South Carolina,
Easley, SC

Steven Linder, MD, FCCP
VA Medical Center, Palo Alto, CA

Wendy Malisani
West Park Hospital, Toronto, Ontario

Michele Marshall, MSW, LCSW
Masters and Johnson Institute,
St. Louis, MO

Mavis J. Matheson, MD
Regina, Saskatchewan, Canada

Frederick M. Maynard, MD
MetroHealth Center for Rehabilitation,
Cleveland, OH

A.J. Nadeau
Hazelwood, MO

Kathleen Navarre, PhD
Assistant Professor, Delta College,
University Center, MI

Grethe Nyholm, RNP
Center for Home Ventilation,
Copenhagen, Denmark

Linda Baker Oberst
Missouri Governor’s Council on
Disability, St. Louis, MO

Edward A. Oppenheimer, MD
S. California Permanente Medical
Group, Los Angeles, CA

Paul E. Peach, MD
Roosevelt Warm Springs Institute,
Warm Springs, GA

Ellen Fay Peak
Birmingham, AL

Jacquelin Perry, MD
Rancho Los Amigos Medical Center,
Downey, CA

Shaaron Peters
Professional Storyteller, St. Louis, MO

Bette Plass
Bette Plass & Associates, Mount
Prospect, IL

Angela Radlinski
Director of Student Activities,
Duquesne University, University Center, MI

Javier E. Riba
University of Michigan Medical Center,
Ann Arbor, MI

Robert Ronald, SJ
Operation De-Handicap, Taiwan

Yoichi Sakahara
University of Tokyo, Tokyo, Japan

Kimiyu Satoh
Japanese Ventilator Users Network,
Sapporo City, Japan

Oscar A. Schwartz, MD, FCCP
St. Louis, MO

James G. Scott
HCFA Region VII, Kansas City, MO

Rich Stanfill, CO
Advanced Orthotics and Prosthetics,
St. Louis, MO

Mark K. Taylor, CPO
University of Michigan Orthotics &
Prosthetics Center, Ann Arbor, MI

Joyce Ann Tepley, LMSW/ACP, LPC
Dallas, TX

Linda Tompkins
National Center for Health Statistics,
Hyattsville, MD

Daria A. Trojan, MD, MSc
Montreal Neurological Institute and
Hospital, Montreal, Quebec

Agnes Wallborn, MD
University of Michigan Medical Center,
Ann Arbor, MI

Martin B. Wice, MD
St. John’s Mercy Medical Center,
St. Louis, MO

Marianne T. Weiss, LPT
University of Indianapolis,
Indianapolis, IN

Dorothy Woods Smith, RN, PhD
University of Southern Maine School
of Nursing, Portland, ME

Stanley K. Yarnell, MD
St. Mary’s Hospital/Stanford University,
San Francisco, CA
United Commercial Travelers
COLUMBUS, OHIO
Products: Medicare Supplement; Guarantee Issue Life Insurance

Advanced Biomedical Technologies
LOUISVILLE, KENTUCKY
Products: Electro-acuscope; Electro-myopulse

Alpine Industries/Independent Distributor
DAVENPORT, IOWA
Products: Alpine Living Air Purifiers; Body Wise Nutrition and Weight Management Products

Body Wise International/Independent Consultants
FOREST GROVE, OREGON; BIG BEAR LAKE, CALIFORNIA
Products: Nutritional and Antioxidant Supplementation

J.H. Emerson Company
CAMBRIDGE, MASSACHUSETTS
Products: Non-invasive negative pressure chest respirator, and the In-Exsufflator Cough Machine, for the removal of secretions in individuals with an ineffective cough.

Respironics, Inc./Porta-Lung
MURRYSVILLE, PENNSYLVANIA/ DENVER, COLORADO
Products: BiPAP® S/T Ventilatory Support System, PLV®-100 Portable Ventilator, and the NEV®-100 Negative Pressure Ventilator

Respironics' BiPAP S/T Ventilatory Support System is a mask-applied, pressure support ventilator designed specifically for home use. The BiPAP System cycles in response to a patient's respiratory flow and compensates for most leaks, making it an effective and less complicated alternative to conventional home ventilators.

The LIFECARE PLV-100 Portable Ventilator is a microprocessor-controlled, electrically-powered, volume ventilator that may also be pressure limited. It is patient or time-cycled and is specifically designed for long-term use in the home. Its' small size and light weight make it suitable for transport applications.

The LIFECARE NEV-100 is a microprocessor-controlled, electrically-powered noninvasive negative pressure ventilator that combines state-of-the-art technology with simple controls. The NEV-100 may be patient or time-cycled and can be used with a variety of applications devices, including Soft Seal Chest Shells, Nu-Mo® Garments, and the Porta-Lung™ Portable Ventilating Chamber. All application devices are available in a variety of sizes to fit a wide range of patients.

BiPAP Systems are the subject of U.S. Patents #5148802, #5239995, #5313937, #5433193, #2,024,477, #EP0425092, #69021681.5-08, and other pending U.S. and foreign patents. BiPAP, PLV-100, NEV-100, and Nu-Mo are trademarks of Respironics, Inc.
Post-Polio Syndrome:  
A New Challenge for the Survivors of Polio

Visit Pavilion I-II-II and try out Post-Polio Syndrome: A New Challenge for the Survivors of Polio, a new CD-ROM created by BioScience Communications, a division of Edelman Healthcare Worldwide, supported by an unrestricted educational grant from ICN Pharmaceuticals.

Sign up for a free copy, which will be available later this summer.

JOIN THE HEALTH WAVE!

• Scientifically formulated nutritional products!
• Be in the right place at the right time.
• Now is your opportunity to make a difference in your life!

1-800-925-9881 Dr. Timothy J. Gray, D.O.
1-888-251-5520 Rayberta Jenkins
1-888-655-4050 Marsha Hart
Body Wise International Consultants

Storytelling Programs for All Ages  
Shaaron Peters  
3641 Lemay Woods Drive • St. Louis, MO 63129  
314/894-8824  
(Jan-Apr)
10846 West Abbott • Sun City, AZ 85351
602/977-4593

AQUATIC ACCESS INC.  
Lifts for in- & above-ground pools & spas

417 Dorsey Way  
Louisville KY 40223 USA  
800 325-LIFT 502 425-5817

GUARANTEE ISSUE Whole Life

NO HEALTH QUESTIONS!  
NO REJECTS for any reason!

CALL 1-800/750-5222

MEDICARE SUPPLEMENT  
for the  
Social Security Disabled

Call  
1-800/750-5222
**Gazette International Networking Institute (G.I.N.I.)** is a not-for-profit 501(c)(3) organization concerned with the issues of people with physical disabilities. It is dedicated to supporting the independent living, self-direction, dignity, and personal achievement of people everywhere with disabilities. Its activities are financed by subscription receipts and donations from diverse sources.

G.I.N.I. continues its historic educational and advocacy efforts related to poliomyelitis and late effects of poliomyelitis through the International Polio Network (I.P.N.). Building on this history, G.I.N.I. also continues its work with respiratory polio survivors, expanding its role to other ventilator users through the International Ventilator Users Network (I.V.U.N.).

G.I.N.I. is international in scope and collaborative in style. G.I.N.I. operates in two modes: information gathering and dissemination, and connecting people with people.

**G.I.N.I. is a compiler and source of information ...**

- It reviews and evaluates information.
- It publishes substantive newsletters, journals, and educational materials.
- It maintains an historic, yet up-to-date, library and resource center, particularly regarding poliomyelitis and its late effects, independent living, and ventilators.
- It provides detailed responses to specific inquiries on request.

**G.I.N.I. is a network of people ...**

- It acts as a resource for the establishment and promotion of polio and other self-help groups in the United States and around the world.
- It encourages and supports local, community-based organizations dedicated to education in disability issues and improvement in the delivery of health care services for people with disabilities.
- Through its publications and by organizing periodic international conferences, it gathers together people with disabilities, leaders in the disability rights movement, health care professionals, and interested family and friends to interact, to learn from each other, and to define current disability-related issues.

**Board of Directors**

Martin B. Wice, MD, *President*
Oscar A. Schwartz, MD, *Vice President*
Mark Zerman, *Treasurer*
Patience R. Chrisler, *Secretary*
Judith R. Fischer
Jack Genskow, PhD
Jack Hannaford
Frederick M. Maynard, MD
Patricia Price
Roberta Simon, RN
Maurice Sonnenberg
Max J. Starkloff
Gertrud Weiss

**Staff**

Joan L. Headley, *Executive Director*
Sheryl R. Prater, *Administrative Assistant*
Floy R. Stewart
Gazette
International Networking Institute

Coordinator of
International Polio Network

and

International Ventilator Users Network

4207 Lindell Boulevard, #110
Saint Louis, Missouri 63108-2915 USA
314/534-0475
314/534-5070 Fax
gini_intl@msn.com