

Post-Polio Health International's

POST-POLIO DIRECTORY 2021[©]

POST-POLIO HEALTH
INTERNATIONAL

INCLUDING INTERNATIONAL VENTILATOR USERS NETWORK

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Additions and corrections may be sent to info@post-polio.org

Printed copies are \$15 each at <http://shop.post-polio.org>.



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Introduction: PHI, then Gazette International Networking Institute, published its first *Post-Polio Directory* in 1985 to assist survivors of polio who were experiencing the late effects of polio to find health professionals. At the 1983 Conference, the organization was charged with encouraging the formation of local support groups and the current *Post-Polio Directory* includes those groups, too.

How it is organized: There are three sections.

- 1) **International Health Professionals and Support Organizations**, which are organized alphabetically by country with health professionals listed first in alphabetical order by city, followed by support groups listed by alphabetical order by city.
- 2) **United States Health Professionals and Support Organizations**, which are organized alphabetically by state with health professionals listed first in alphabetical order by city, followed by support groups listed in alphabetical order by city.
- 3) **International and US Other Useful Contacts** listed by topical areas.

How to use it: Post-Polio Health International's comprehensive websites (www.post-polio.org, www.polioplace.org, www.ventusers.org) contain years of information about the late effects of polio and are continually updated. The *Post-Polio Directory* is a good place to start to find local resources. Support groups also may be able to suggest names of local health professionals.

Another option is to contact a physiatrist – physician specializing in physical medicine and rehabilitation, or a rehabilitation center. A few rehabilitation centers stated that while they don't have a post-polio clinic, they are confident that their staff of rehabilitation professionals has sufficient knowledge and experience with treating neuromuscular diseases (or disabling neuromusculoskeletal conditions) to be able to successfully treat polio survivors.

Articles of interest:

- [Polio Doctors, Post-Polio Clinics](#),
- [Options When a Post-Polio Clinic is not an Option](#) (pages 36-39)
- [Support Groups](#) , [Post-Polio Support Group Resources](#)

How to join PHI: Post-Polio Health International is a Membership organization. To support its activities, join PHI at <http://shop.post-polio.org> or by printing out a [Membership form](#). *Post-Polio Directory* is free with Contributor and Sustainer Memberships.

International Health Professionals and Support Organizations

*Post-Polio Clinic

AUSTRALIA–Health Professionals

*Mt Wilga Private Hospital

66 Rosamond St
Hornsby, New South Wales 2077
+61 2 9847 5000, +61 2 9477 1253 fax
www.polionsw.org.au/late-effects-of-polio-assessment-clinic

Stephen de Graaff, MB, BS, FRACM, FAFRM

Director of Pain Services, Epworth Rehabilitation
888 Toorak Rd
Camberwell, Victoria 3124
+61 3 9809 2444, +61 3 9889 6756 fax

*Polio Services Victoria, Melbourne

Russel Anbiah, Physiotherapist
St. Vincent's Hospital Melbourne
PO Box 2900, Bolte Wing, Nicholson St
Fitzroy, Victoria 3065
+61 3 9288 3900, +61 3 9288 3808 fax
psv@svhm.org.au, www.psv.svhm.org.au

*Late Effects of Disability and Orthotic Clinic

Dr. Mei Ang, Rehab Specialist
Fiona Stanley Rehab Hospital
Murdoch, Western Australia
+61 8 6152 7420

*Post-Polio Network of Western Australia Clinic

Dr. John Watson, MBBS, FANZCA
Tessa Jupp, RN
PO Box 257, Subiaco, 6904, Western Australia (Floreath)
+61 8 9383 9050, poliowa@upnaway.com.au
www.upnaway.com.au/~poliowa

AUSTRALIA–Support Groups

Polio Network Victoria

Independence Australia – Community Solutions
208 Wellington St
Collingwood, Victoria 3066
+61 3 1300 704 456, +61 3 1300 704 451 fax
polio@independenceaustralia.com
info@independenceaustralia.com
www.independenceaustralia.com/polio
15 groups

Polio Australia Incorporated

PO Box 500, Kew East, Victoria 3102
Ste 119C, Level 1, 89 High Street
Kew, Victoria 3101
+61 3 9016 7678, mary-ann@polioaustralia.org.au
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Polio Polio Victoria Inc.

Ross House, 247-251 Flinders Lane
Melbourne, Victoria 3000
+61 431 702 137, postpolio victoria@gmail.com
www.postpolio victoria.org.au

Mornington Peninsula Post-Polio Support Group

Frances Henke
Mornington, Victoria
fhenke@bigpond.net.au

Polio NSW Inc

Gillian Thomas
PO Box 2799
North Parramatta, NSW 1750
+61 2 9890 0946
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Polio NSW, Port Macquarie Post-Polio Support Group

Gail Hassall
Port Macquarie, NSW
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Post-Polio Network of Western Australia

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Subiaco, Western Australia (Floreath area)
+61 8 9383 9050, +61 8 9383 9075 fax
poliowa@upnaway.com.au
www.upnaway.com.au/~poliowa

Post Polio Networks (Qld)

Spinal Injuries Association
109 Logan Road
Woolloongabba Queensland 4102
PO Box 5651
West End, Queensland 4101
+61 7 3391 2044
enquiries@spinal.com.au, www.spinal.com.au

AUSTRIA–Support Group

Selbsthilfe Polio – Post-Polio Syndrome

www.polio-selbsthilfe.at

BANGLADESH–Health Professional

Dr. Raju Dhakal

Chairman at Dept. of Physical Medicine and Rehab.
Bangabandhu Sheikh Mujib Medical University
Room No.130, Block-C
Shahbag, Dhaka-1000
yo_duniya@hotmail.com

BELGIUM–Support Groups

European Polio Union

Walvisstraat 32
B 2018, Antwerp
europeanpolio@eircom.net, www.europeanpolio.eu

PostPolio België

Johan Bijttebier
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2060 Antwerpen
+32 3 288 7794, +32 3 226 2315 fax
johan.bijttebier@telenet.be, www.postpolio.be

Association belge des Paralyses – ABP asbl

Chaussée de Gand 1434
B-1082 Brussels
+32 2 421 69 62, www.abpasbl.be

BRAZIL–Health Professionals

Daniel Ramos Rodrigues Figueirado, MD

Hospital de Apoio de Brasília
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www.saude.df.gov.br

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*Federal University of Sao Paulo's Medical School

Dr. Acary Oliveira, Chief, Neurology Dept
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+11 5571-3324, +11 5083-1051
tatimsilva@gmail.com, www.institutogiorgionicoli.org.br

BRAZIL–Support Groups

Associação Luso Afro-Brasileira de Poliomielite e Síndrome Pós-poliomielite

Stepaway Polio
Rua Pau Ferro n.400
Jardim

A Associação G-14 de Apoio aos Pacientes de Poliomielite e Síndrome Pós-Pólio

Sao Paulo
www.pospolio.org.br

CANADA–Health Professionals

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5-005 Katz Group Centre, University of Alberta
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*Montreal Neurological Institute & Hospital

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Diane Diorio, MD, Neurology
3801 University St
Montreal, QC H3A 2B4
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Diorio: 514-398-5034, 514-398-3972 fax

Elizabeth Dean, DipPT, BA, MS, PhD

Department of Physical Therapy
University of British Columbia
212 Friedman Building, 2177 Wesbrook Mall
Vancouver, BC V6T 1Z3
604-822-7398, elizabeth.dean@ubc.ca

CANADA–Support Groups

(Alphabetical order by province)

Southern Alberta Post-Polio Support Society-Lethbridge

403-329-9453, lethbridge@sappss.com
www.sappss.com

Wildrose Polio Support Society

Patricia Murray
780-428-8842, 780-475-7968 fax
wpss@polioalberta.ca
www.polioalberta.ca

Post-Polio Network (Manitoba) Inc

SMD Self-Help Clearinghouse
204-825 Sherbrook St
Winnipeg, Manitoba R3A 1M5
204-975-3037, 204-975-3027 fax
postpolionetwork@shaw.ca, www.postpolionetwork.ca

Ontario - Post-Polio Canada

A Division of March of Dimes Canada
www.poliocanada.ca

Grey Bruce Huron

Sharon and George Rahn
519-364-3224, postie@wightman.ca

Niagara Chapter

Ron Speer
289 -891-8283
ronspeer@cogeco.ca, ddumele@cogeco.ca

North Bay Chapter

Sharyn Emond
800-263-3463 ext 7731
polio-northbay@marchofdimes.ca

Peterborough Chapter

Sarah Baslas
800-263-3463 ext 7738, sbaslas@marchofdimes.ca

Thunder Bay Chapter

Sandy Rutherford
rutherfordsm@hotmail.com

Windsor & Area Chapter

Gayle & Bruce Tait
519-252-8248, tattybogle@sympatico.ca

Hamilton-Brant Chapter**Northumberland Chapter****Sudbury Chapter****Toronto Peel & York Chapter**

Keith Rashid
800-263-3463 ext 7213, krashid@marchofdimes.ca

Polio Prince Edward Islands

Stephen Pate
902-566-4518, stephen_pate@hotmail.com

Association Polio Quebec

Gilles Besner
514-489-1143, 514-489-7678 fax
877-765-4672 tollfree outside Montreal
association@polioquebec.org, www.polioquebec.org

Polio Regina Inc. (Saskatchewan)

Ivan Jurgensen
306-757-8051, nan.jurgensen@sasktel.net
http://nonprofits.accesscomm.ca/polio

Saskatchewan Awareness of Post-Polio

Ron Johnson
306-477-7002, 306-373-2665
sapp1@sk.sympatico.ca, www.geocities.com/sapponline

CHILE–Health Professionals**Clínica Los Coihues**

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Santiago
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CHINA–Health Professionals**Fang Han, MD**

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CUBA–Support Group**Dr. Pedro Luis Gonzalez, Director**

ACUFIN
Calle 8#10 Entre 17 y m.torres
Reperto Libertad, Holguin

CZECH REPUBLIC–Support Group**Asociace Polio Polio Association of the Czech Republic**

Ludvika Bradová
Kosmonautů 2288, 44001 Louny
+420 222962074, lubra@volny.cz, www.polio.cz

DEMOCRATIC REPUBLIC OF THE CONGO–Support Group**I^l Association Congolaise “Debout et Fier” (ACDF)**

StandProud
info@standproud.org, acaojh.drc@gmail.com
www.standproud.org

DENMARK–Health Professionals***Special Hospitalet**

Fjeldhammervej 8
2610 Rodovre
+45 36 73 90 60
kontakt@specialhospitalet.dk, www.specialhospitalet.dk

Majbritt Almer, Chief Physician**Special Hospitalet**

Fjeldhammervej 8
2610 Rodovre
+45 36 73 90 44
mal@specialhospitalet.dk

DENMARK–Support Group**Polio Foreningen**

Fjeldhammervej 8
2610 Rodovre
+45 36 73 90 60, kontakt@polio.dk, www.polio.dk

FINLAND–Support Group**Suomen Polioliitto Ry (Finnish Polio Association)**

1 A Kumpulantie 6th floor
00520 Helsinki
(09) 686 0990, www.polioliitto.com

FRANCE–Health Professionals

Dr. Vincent Tiffreau

Service de Médecine Physique et de Réadaptation MCU-PH
Centre de Référence des Maladies Neuromusculaires
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fboyer@chu-reims.fr

FRANCE–Support Groups

Groupe de Liaison et d'Information Post-Polio (GLIP)

34, rue des Coutures
51100 Reims
+33 3 51 00 13 58, contact@polio-france.org
www.post-france.org

Service de Médecine Physique et de Réadaptation

GH Lariboisière-F. Widal
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75010 Paris
+33 1 40 05 42 05, +33 1 40 05 48 51 fax
alain.yelnik@irb.aphp.fr

GERMANY–Health Professionals

*The following 5 clinics have been certified by
Bundesverband Polio:*

*Rehaklinik Raupennest, Altenberg

Dr. med. Friedemann Steinfeldt
Rehefelder Str. 18
01773 Altenberg

*Rheuma-Klinik

Bad Bramstedt Neurologische Abteilung
Prof Dr. med. Wolfgang-Ludwig Gross
Ärztlicher Direktor Fachkrankenhaus
Dr. med Andreas-Christoph Arlt
Ärztlicher Direktor Rehabilitation
Oskar-Alexander-Str. 26
24576 Bad Bramstedt

*Neurologisches Rehabilitationszentrum Quellenhof

Bad Wildbad
Chefarzt PD
Dr. Peter Flachendecker
Kuranlagenallee 2
75323 Bad Wildbad

*Klinik Hoher Meißner

Bad Sooden-Allendorf Neurologische Abteilung
Dr. med. C. Schröter – Leiter
Neurologischer Abteilung
Hardtstrasse 36
37242 Bad, Sooden-Allendorf

*Klinik Miriquidi

Thermalbad Wiesenbad, Gesamte Klinik
CHÄ Frau Dr. med. Froberg
Freiberger Straße 33
09488 Thermalbad Wiesenbad

Dr. Friedemann Steinfeldt

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Dresden, Saxony 01309
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Katholisches Klinikum Koblenz

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GERMANY–Support Groups

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Polio Initiative Europa e.V.

Deutsch – Europäische, Arbeitsgemeinschaft
Bad Stebener Str. 8
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+49 9288 363, +49 9288 925 500 fax
www.polio-initiative-europa.de

Polio Selbsthilfe e.V.

Auf den Hächten 15
33647 Bielefeld
+49 5 21 / 40 35 35, +49 5 21 / 1 36 29 93 fax
bundesverband@polio-selbsthilfe.net
www.polio-selbsthilfe.net

Polio Echo

Weberweg 4
D-78126 Königsfeld
www.polio-echo.eu

Bundesverband Polio e.V.

Freiberger Strasse 33
Thermalbad Wiesenbad, Sachsen 09488
+49 3733 504 1187, +49 3733 504 1188 fax
bundesverband@polio.sh, www.polio.sh
*Organisation consists of 10 federal state organisations,
73 regional groups and 42 contact addresses.*

GHANA–Health Professionals

Raphael Amuzu Dzameshie

Orthopedic Training Centre
PO Box 306
Nsawam
+233 34 2122031
Nsawam15@yahoo.com, www.otcghana.info

HUNGARY–Support Group

Hungarian Polio Foundation

www.polio.hu

INDIA–Health Professionals

Megha Sheth

Lecturer in Physical Therapy
SBB College of Physical Therapy, VS General Hospital
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Dr Satendra Singh, MD, FSS

Assistant Professor of Physiology
Member, Medical Education Unit
University College of Medical Sciences & GTB Hospital
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Member, Medical Humanities Group
Founder, Infinite Ability; Coordinator, Enabling Unit, EOC
Creator, *The Enablist*
dr.satendra@gmail.com

Dr. Ujagar Singh

Polio Care Society Civil Hospital
G.S. Memorial Hospital
Bathinda Road
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IRELAND–Health Professionals

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Beaumont Rd, Dublin 9
deirdremurray@beaumont.ie

Orla Hardiman, MD, Professor

Beaumont Hospital
PO Box 1297
Beaumont Road, Dublin 9
(01) 809 2174

IRELAND–Support Group

Polio Survivors Ireland

Susan Dowling
Unit 319, Capel Building
Mary's Abbey, Dublin 7
+353 1 889-8920, info@ppsg.ie, www.polio.ie

ISRAEL–Health Professionals

***Hadassah Medical Organization**

Isabella Schwartz, MD

Rehabilitation Clinic – Post-Polio
Mount Scopus Hospital
POB 24035, Jerusalem
+972 2 584-4111, +972 2 582-3515 fax
www.hadassah.org.il

***Tel-Hashomer Chaim Sheba Medical Center**

Yeheskell Shemesh, MD

Neurological Rehabilitation, Post-Polio Clinic
Ramat Gan
+972 3 530-3725, +972 3 535-2888 fax
neure@sheba.health.gov.il, www.sheba.co.il

Shoshana Goldberg Mayer, OTR

Milbat – The Israel Center for Technology & Accessibility
Tel-Hashomer
Ramat Gan 52621
+972 3 530-3739, +972 3 535-7812 fax

ISRAEL–Support Group

The Polio Handicap Association in Israel

Jacob Surany
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Ramat Gan 52181
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+972 35757770 fax, j-t-s@bezeqint.net

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ITALY–Support Groups**Associazione Nazionale Polio e Sindrome Postpolio**

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 00165 Roma
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Self-help/ Support Group Associazione Nazionale Polio e Sindrome Post-polio

Aurelio Sugliani
 Via Einstein 4
 20059 Vimercate Milano
 +39 6 851380 cell, +39 3397484492 fax
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Associazione Interregionale Disabili Motori

Ospedale – Via Gardesana
 57 – 37018 Malcesine
 +39 045 6584293

JAMAICA–Health Professional**Sir John Golding Rehabilitation Centre**

6 Golding Avenue
 Kingston 7, Jamaica
 http://sirjohngoldingrehabilitationcentre.com

JAPAN–Support Groups**Japanese Network of Polio Survivors**

Masakuni Mukoyama, MD
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 Higashiku, Nagoya 461-0035
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The Polio Association Japan

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KOREA (Republic of)–Health Professional**Jae-Young Lim**

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MEXICO–Health Professionals***Clínica de Atención Integral en Síndrome Post Polio**

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 +59 99 10 00, ext. 11 125, y 11 126

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Baños Mendoza
 Coordinadora Médica de la Clínica
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MEXICO–Support Groups**Post-Polio Litaff AC Association**

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 CP06100 Mexico City
 +52 55-55-74-29-26 (tel & fax)
 litaffac@prodigy.net.mx, www.postpoliolitaff.org

Organización Mexicana Para el Conocimiento de los Efectos Tardíos de la Polio, AC (OMCETPAC)

Sergio Augusto Vistrain Diaz
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 savistrain@postpoliomexico.org, www.postpoliomexico.org

NEPAL–Health Professionals**Raju Dhakal, MBBS, MD**

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NETHERLANDS–Health Professionals

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de Visser : +31 20 566 3445, +31 20 697 1438 fax
m.devisser@amc.uva.nl

NETHERLANDS–Support Group

**Postpolio Support Group of the Dutch Association
for Neuromuscular Diseases (VSN)**
Lt. Gen. van Heutzlaan 6, 3743 JN Baarn
+31 35 5480480, +31 30 5480499 fax
vsn@vsn.nl, www.vsn.nl

NEW ZEALAND–Support Groups

Polio NZ Inc
PO Box 260
Mosgiel 9053
0800 4 POLIO, info@polio.org.nz, www.polio.org.nz
20 branches nationwide

Auckland Post-Polio Support Group
Doreen Chandler, QSO
36 Eastern Beach Rd
Bucklands Beach, 2012
+64 9 534-6151, +64 9 537-3104 fax
auckpostpolio@clear.net.nz

NIGERIA–Support Group

Wheelchairs for Nigeria
Ayuba Gufwan
#17 JCMI Drive, Kattan Rikos
by Jos North LGC Housing Layout off Liberty Dam Road
Jos, Plateau State
+234 8035 985123, ayubagufwan@yahoo.com
<http://wheelchairsfornigeria.org>

NORWAY–Health Professionals

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NORWAY–Support Group

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Mahboob ur Rehman, Chairman
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Gandhara University, Habib Physiotherapy Complex
Sector B2, Phase-5
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+92-91-5819128, +92-334-9071388 fax
info@hpcpk.org, www.hpcpk.org

PHILIPPINES–Support Group

Productive Differently-Abled Association (PDAAS)
Marcelo P. Mongkil, Ptr/Chaplain/President
Brgy. Cablalan, Glan, Sarangani Province 9517
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William Waring, III, MD
Medical College of Wisconsin
Rehabilitation Medicine
Clinic - West
9200 W Wisconsin Ave
Milwaukee, WI 53226
414-805-6655

WISCONSIN–Support Groups

Madison (WI) Area Post-Polio Support Group
Fayth Kall
608-249-1671
Gail Beckwith
608-843-0687

Post-Polio Resource Group of Southeastern Wisconsin
Harvey Padek
Cedarsburg/Milwaukee
262-421-8621, 414-403-8424
hpadek@yahoo.com, www.pprg.org

Other Useful Contacts

Online discussion groups:

This site (www.skally.net/ppsc/ppsc-l.htm) links to many discussion groups. It also includes a description of and caveats about the groups.

Post-Polio Health International does not monitor any online post-polio discussion groups, but, it does have a Facebook page at www.facebook.com/home.php.

Professional Medical

American Academy of Neurology

800-879-1960, 651-695-2717, 612-928-6000 (International)
<http://patients.aan.com>

American Academy of Orthopaedic Surgeons

800-346-2267, 847-823-7186, www.aaos.org

American Academy of Physical Medicine and Rehabilitation

847-737-6000
www.aapmr.org

American Board for Certification in Orthotics, Prosthetics and Pedorthics, Inc.

703-836-7114
www.abcop.org

American College of Chest Physicians

847-498-1400, 800-343-2227 (toll-free in US)
www.chestnet.org

American Orthopaedic Foot and Ankle Society

847-698-4654, 800-235-4855
www.aofas.org

Association of Rehabilitation Nurses

800-229-7530
www.rehabnurseorg

American Physical Therapy Association (APTA)

800-999-2782 (voice-toll free)
703-684-2782, 703-683-6748 (voice/TDD)
www.apta.org

The American Occupational Therapy Association, Inc. (AOTA)

800-377-8555 (TDD), 301-652-2682
www.aota.org

USA Governmental

Centers for Disease Control and Prevention (CDC)

800-232-4636, 888-232-6348 (TTY)
www.cdc.gov

National Institutes of Health (NIH)

301-496-4000, 301-402-9612 (TTY)
www.nih.gov

National Institute of Neurological Disorders & Stroke (NINDS)

(part of NIH)
800-352-9424, 301-496-5751, 301-468-5981 (TTY)
www.ninds.nih.gov

Social Security Administration

Office of Public Inquiries
800-772-1213, 800-325-0778 (TTY)
www.ssa.gov

Associations/ Organizations

American Chronic Pain Association (ACPA)

800-533-3231
www.theacpa.org

Chronic Pain Association of Canada (CPAC)

780-482-6727
www.chronicpaincanada.com

Easter Seals

800-221-6827, 312-726-6200
www.easter-seals.org

March of Dimes Birth Defects Foundation (National Office)

914-997-4488
www.marchofdimes.com

Restless Legs Syndrome (RLS) Foundation

507-287-6465
www.rls.org

Rotary International

866-976-8279 (toll-free), 847-866-3000
www.rotary.org

World Health Organization (WHO)

Geneva, Switzerland
+41 22 791 2111
www.who.int

Disability Rights/Independent Living

American Association of People with Disabilities (AAPD)

800-840-8844 (Toll free voice/TTY)

202-457-0046 (voice/TTY)

www.aapd.com

Independent Living Research Utilization (ILRU)

713-520-0232 (voice/ TTY)

www.ilru.org

Mobility International USA

541-343-1284 (voice/TTY)

www.miusa.org

National Council of Independent Living (NCIL)

877-525-3400, 202-207-0334, 202-207-0340 (TTY)

www.ncil.org

National Council on Disability (NCD)

202-272-2004, 202-272-2074 (TTY)

www.ncd.gov

National Organization on Disability (NOD)

646-505-1191 ext 122

www.nod.org

Rehabilitation International

212-420-1500

www.riglobal.org

Assistive Technology (Equipment)

AbleData

800-227-0216, 301-608-8998, 301-608-8912 TTY

www.abledata.com

Pass It On Center – National AT Reuse Center

800-497-8665

www.passitoncenter.org/locations/search.aspx

RESNA Society

703-524-6686

www.resna.org

[Find a Certified AT Professional](#)

Topical Resources

SCOLIOSIS

(curvature of the spine)

National Scoliosis Foundation

800-NSF-MYBACK, 800-673-6922

www.scoliosis.org

Scoliosis Research Society

414-289-9107

www.srs.org

Shoes of Different Sizes

National Odd Shoe Exchange

480-892-3484

www.oddshoe.org

The One Shoe Crew

918-364-7463

www.nepacil.org

Nordstrom's

888-282-6060

www.store.nordstrom.com



INCLUDING INTERNATIONAL VENTILATOR USERS NETWORK

50 Crestwood Executive Center #440, St. Louis, MO 63126 USA
314-534-0475, 314-534-5070 fax
info@post-polio.org, www.post-polio.org, www.polioplace.org



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